

The Bistro

Welcome to Hannahs at Seale-Hayne.

Seale-Hayne was opened in 2010 as an innovative and groundbreaking solution to the lack of appropriate facilities for people with disabilities once they reach adulthood. It is an amazing place for the community, for people of all abilities, to train, learn, have fun and fulfil their true potential without judgement or limit.

A place of true integration and imagination.

A place where disability is incidental.

...and welcome to the Bistro.

The Bistro sits at the heart of the site, providing a warm welcome and good food from morning until night. We have a growing reputation for our coffee, cakes and tasty dishes created by our Head Chef Dino Pavledis and his team.

We respect seasonality, provenance and quality where possible in order to create interesting, tasty and affordable food.

From May to October, our very own horticulture team supply The Bistro with their home grown produce from fresh herbs to green vegetables, tomatoes, squashes and one of Dino's favourites, the edible flowers. Stretch your legs and take a stroll down to the vegetable gardens to see the work they do and enjoy stunning views of the Teign Estuary. Not to be missed!

In keeping with the ethos of the site, The Bistro team is a fabulous mix of personalities and abilities, keen to provide you with a friendly, professional service.

We hope you enjoy your visit!

Food Allergies

Some of our dishes contain nuts, seeds and other allergens. There is a small risk that tiny traces of these may be in any dish served here. We understand the dangers to those with severe allergies so please talk to our staff when placing your order.

Each dish comes with a key to its ALLERGENS and other dietary information

Hot Drinks

Coffee Man crema coffee

Devon Roasted, Rainforest alliance

Espresso.....	£2.00/double £2.30
Americano.....	Small £2.00/ large £2.30
With milk.....	Add 20p
Macchiato.....	£2.10
Latte.....	Small £2.30/ large £2.50
Cappuccino.....	Small £2.30/ large £2.50
Flat white.....	£2.40
Mocha.....	Small £2.60/ large £2.80
Cafetiere.....	£2.70
Babyccino.....	£1.10

Teas

Everyday tea.....	£1.70
Specialist teas.....	£1.80

Please ask for flavours

Fair-trade hot chocolate

Hot chocolate.....	Small £1.70/ large £2.60
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Add marshmallows..... £0.10
Add cream..... £0.10

Cold drinks

J20 Orange & passionfruit.....	£2.20
J20 Apple & mango.....	£2.20
J20 Apple & raspberry.....	£2.20
Fentimens rose lemonade.....	£2.30
Fentimens ginger beer.....	£2.30
Fentimens elderflower.....	£2.30
Britvic 100 orange.....	£1.95
Britvic 100 apple.....	£1.95
Still or sparkling water.....	£1.50

Milkshakes

Choose your flavour:

Strawberry, Vanilla, Chocolate, Banana	
Small milkshake.....	£1.95
Large milkshake.....	£2.50

Desserts

Mixed ice cream (V, D, E, CGO)£2.50
Vanilla, Chocolate or Strawberry

Banana split (D, E) £3.95
With squirty cream, chocolate sauce and vanilla ice cream

Sticky toffee pudding (N, CG, E)£3.95
With custard

Chocolate tart (CG, D, E)£3.95
With salted caramel sauce

Lemon cheesecake (D, CG, E)£3.95
With a berry sauce

Hannah's mess (E, D)£3.95
With cream, berries, meringue, ice cream and berry sauce

Main Courses

Three Pork and Herb sausages with creamy mashed potato, rich red wine gravy and peas (CG, M, SUL, D)£5.95

Dukkah spiced roasted carrot, red onion, lemon spinach, pepper, butterbean and a rich tomato sauce with crispy smokey beans (N, VG, V, SES)£8.95

Chicken butterfly, chorizo in red wine, patatas bravas, butter bean and lemon spinach (SUL) ...£8.95

Country vegetable burger in a floured bap with onion, tomato, pickle, slaw, fries and mustard dressed mixed baby leaf salad (CG, M, E, D, V)£8.25

Hannah's 8oz prime beef burger in a floured bap with onion, tomato, pickles, slaw, fries and mustard dressed mixed baby leaf salad (NF, CG, M)£8.95

Why not have your burger your way?

Mature Cheddar 50p
Bacon 75p each
Blue cheese (D) 75p each
BBQ sauce (CG) 75p each
Four onion rings (CG, M) £1.00
Black pudding (CG, M) £1.00
Griddled halloumi slice £2.00

Fish and Chips, Haddock fillet in our crispy batter with chips, peas and homemade tartar sauce (CGO).....£8.95

Pan fried 8oz Devonshire beef rump steak, with mushrooms, tomato and French fries (SUL, DFO, CGO)£12.95

Why not have it your way?

Pepper, blue cheese or mushroom sauces (D, SUL)£1.00 each

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Cider, Beer & Lager

Cider

Thatchers Gold (500ml) ABV 4.8%..... £3.50

This crafted Somerset cider is full of flavour blended from the highest quality apples, here at Myrtle Farm. A medium dry golden cider with a smooth and refreshing taste

Rekorderlig Wild Berries ABV 4.0%.....£3.80

Pear cider blended with wild berries, 500ml

Rekorderlig Mango and Raspberry ABV 4.0% ... £3.80

Pear cider blended with mango and raspberry, 500ml

Beer

Hunters Crispy Pig ABV 4.0% £3.80

Hunters Devon Dreamer ABV 4.1%.....£3.80

Hunters, Hunter's Premium ABV 4.8%£3.80

All served in 500ml bottles.

Lagers

San Miguel (Draught) ABV 5.0%.....£1.90/£3.80

Budweiser (330ml) ABV 4.8%..... £3.00

Peroni (330ml) ABV 5.1%.....£3.00

Spirits

Basic house spirits (25ml).....£2.50

Premium spirits (25ml)£3.50

Add dash£0.50

Tonic bottle£1.00

Double up£1.00

Wine List

Glasses sold are measures of 125ml/ 175ml/ 250ml

White wine

1. **Lobo Loco Macabeo, Vino de la Tierra Castilla, Spain (1)** **£3.25/£3.75/£4.50/£13.00**
An attractive dry white with floral aromas and a crisp finish

2. **Pinot grigio**..... **£3.50/£4/£5/£14.95**

Red wine

3. **Bordeaux Rouge, Chai de Bordes, France (C)**
..... **£3.25/£3.75/£4.50/£13.00**
A mid-bodied Claret that has ripe spicy fruit and yielding tannins

4. **Invenio Shiraz, Australia (B)**
..... **£3.45/£3.95/£4.95/£14.50**
Perfumed raspberry fruit and a hint of white pepper

Rose wine

5. **Jack & Gina Zinfandel Rose, California (6)**
..... **£3.25/£3.75/£4.50/£13.50**
Medium-sweet with delicious red fruit flavours and plenty of lively acidity

6. **Lyrice Pinot Grigio Blush, Italy (3)**
..... **£3.45/£3.95/£4.95/£14.50**
A light and delicate pink Pinot Grigio that is off-dry on the palate

Sparkling Wines by the bottle

7. **Prosecco Viticoltori Ponte, Treviso, Italy (1)**
..... **£18.00**

8. **Prosecco Viticoltori Ponte, Treviso, Italy (1)**
Single serve bottle.....**£5.00**
Clean, dry and crisp, with a creamy finish

Main Menu Served

Mon - Fri 12:00pm - 2:30pm and 5:30pm - 9:00pm
Sat - Sun 12:00pm - 9:00pm

Starters and Light Bites

Homemade focaccia with extra virgin olive oil and balsamic vinegar (CG, V, SUL, VG) **£2.50**

Lemon and rosemary mixed olives (VG)..... **£2.50**

Soup of the day with homemade focaccia (CGO, VGO) **£3.50**

Smoked salmon, and dill fishcake with lemon and garlic aioli, mustard dressed baby leaf salad (CG, M, F, E)
One Fishcake **£4.95**
Two fishcakes **£7.95**

Spiced Nachos, melted cheddar, sour cream, guacamole and salsa (V, M, D, CG) **£3.95**
2 Person sharer..... **£6.95**
Add a tasty topping....
Vegetarian chilli bean **£1.50**
Pulled Pork (CG)..... **£1.50**

Goats cheese, roasted red pepper, pine nuts, capers and mixed leaves with Hannah's herb oil dressing (D,N) **£6.95**

Please see our blackboard for our range of specials

Sides

Chip shop chips (VGO, CGO, V, DFO) **£2.00**
Bang bang spiced fries (CGO, V, VGO, DFO, SES, M) **£2.55**
French fries (CGO, V, VGO, DFO) **£2.00**
Mixed vegetables (CGO, V, VGO, DFO) **£2.50**
Crispy onion rings (CG, M) **£2.00**
Mixed leaf salad (M, VG) **£2.50**
Garlic bread (CG, D)..... **£2.00**
Add cheese..... **50p**

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Lunch Menu

Served 12:00pm-5:30pm Monday - Sunday

Sandwiches...

Choose between white or seeded wholemeal bread, it comes with dressed mixed leaves and crisps

- Cheddar cheese and pickle (D, M, SUL, CGO).....£4.25
- Tuna mayo (F, E, CGO)£4.25
- Hannah's toasted club (E, M, SUL, DFO, CGO).....£4.25
- Plaice fish fingers and homemade tartar sauce (D, E).....£4.25
- Prawns in a Mary Rose sauce (F,CR, E, CGO).....£4.25
- Home cooked ham with coleslaw (M, E, CGO)...£4.25

Fancy something crispy?

Add a portion of garnish fries.....£1.00

Jacket Potatoes

With dressed mixed leaves and coleslaw

- Cheddar cheese (D, M).....£4.95
- Tuna mayo (E, DFO, M).....£4.95
- Pulled pork in a BBQ sauce topped with Cheddar cheese (D, CG)£4.95
- Prawns in a Mary Rose sauce (F, CR,).....£4.95
- Chicken and bacon in mayonnaise (E, SUL)£4.95
- Beans (VG).....£4.25
- Vegetarian chilli bean (VG, M).....£4.25

Retro Basket Meals

- Scampi and chips with homemade tartar sauce (CR, FM, CG).....£5.50
- Sausage and chips (CG, M)£4.50
- Chicken and chips (CGO)£4.50

Devonshire Cream Tea (CG, D)£4.50

Two scones, fruit or plain, Devonshire clotted cream and strawberry jam with freshly brewed tea

Toasted Tea cake (CG, D).....£1.50

Wine List

White wine

9. Invenio Pinot Grigio, Italy (1)£14.95
A clean fresh white with pear and apple flavours.

10. Cloud Island Sauv Blanc, NZ (1).....£17.50
Fresh and Juicy with tropical fruit flavours and zingy acidity

11. Terre del Barolo Gavi, Italy (1)..... £18.50
Crisp, dry white, light and elegant with a long nutty finish.

Red wine

12. Aimery Cab Sauv, France (C) £14.50
Marked leafy Cabernet aromas, with soft supple tannins on the palate

13. Finca de Oro Rioja, Spain (C)..... £15.50
A surprisingly refined and complex mid bodied red, showing dark fruit, spice and oak aromas

14. Andean Malbec, Argentina (C)£16.50
A mid-bodied and warming red wine that has a good attack of damson and spice aromas.

Breakfast

Served

7:30am – 10am Monday – Saturday

8:00am – 11am Sunday

Hot breakfast buffet (V, CGO)..... £8.95

Help yourself to our breakfast buffet delights. Tea, coffee and juices included.

Vegetarian Breakfast (V, VGO, CGO).....£8.95

Cooked to order. Grilled halloumi, grilled courgette or peppers (depending on availability) roast tomatoes, fried egg, mushrooms, and baked beans. Breakfast buffet, tea, coffee and juices included.

All breakfast items are subject to availability.

Childrens breakfast buffet (CGO, VO).....£3.50

Juices included. Available to under 10s only.

Bacon, sausage or egg sandwich (CG)£3.00

Farmhouse Toast (white or seeded wholemeal) (V,CGO)£1.50
with jam and butter

Sausage (CG)

Bacon (SUL)

Tomatoes (DFO)

Mushrooms (DFO)

Hash brown (GFO)

Black pudding (CG, M)

All of the above breakfasts are included in your bed and breakfast room rate.

Children's Menu

Served

12pm - 9:00pm Monday - Sunday

Mains

Burger and chips (CG).....£3.50

Pizza and chips (CGO, D).....£3.50

Sausages and chips (CG, D).....£3.50

Goujons and chips (CGO).....£3.50

Chicken nuggets and chips (CG)£3.50

Each of the above comes with a small carton of juice (apple or orange) and a small toy.

Desserts

Mixed ice cream (NF, V,M CGO)£2.50

Warm chocolate brownie and vanilla ice cream (CG)£3.50

Build your own ice cream sundae! (CG)£3.95

Creamy vanilla ice cream with a selection of sweetie goodies to decorate your sundae

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