

## Hannahs News – March 2019

### Welcome

April 1st sees the start of the new financial year but for most of us what matters are the lighter evenings as summer time kicks in! The longer day means we can pack more in - but here at Hannahs we haven't been waiting around for the clocks to change to get busy! The last month has been full and active for everyone. Our young adults have been enjoying a range of activities from running their weekly coffee shop and radio show to taking part in tennis, music and pet therapy sessions. Meanwhile our children have been working on school projects and our staff continue to go above and beyond to ensure everyone keeps well and is able to fully enjoy their learning. Everyone enjoyed celebrating Shrove Tuesday with pancake challenges and entering into the spirit of Red Nose Day. Even I was invited to join the pancake race - I think I suddenly had to attend a meeting at very short notice! We are immensely grateful to those supporters who have recently organised fundraising events and signed up to new challenges and we would like to thank all of you for your continuing support.

As Trustees, financial years are important times for us to mark the end of one period of business and the beginning of another. We have resolved many issues over the past twelve months and are very optimistic about our future. We look forward to exciting times and new partnerships over the coming months. We have a lot to pack in!

Professor David Coslett  
Chair, Dame Hannah Rogers Trust



### **Pancake Fun**

No Shrove Tuesday would be complete without pancake activities. Staff took part in a pancake eating challenge which proved more challenging than expected. Ryan Goodwin was the winner having eaten four pancakes in two minutes! Pancake races proved equally competitive amongst the different bungalows and classes. A lot of fun was had by all!



### **Red Nose Chef**

A huge thank you to chef Robin Coton from City College Plymouth and his students for coming and giving a very informative and mouthwatering cookery demonstration on Red Nose Day. The staff and young adults in Hannahwood learnt a lot about nutritional cooking and eating and some of them enjoyed helping out!

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### **Life is Sweet**

Coffee and Sweets every Wednesday is a key time of the week in Hannahwood. Everyone comes together from all areas of the site to meet up and exchange news. And of course to enjoy a treat!

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### **Music Time**

All our young people really benefit from music so these regular sessions in the music room are really important. Singalongs are always good fun!

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### **Daffodil Dog Walk**

The Hannahwood dog walking group had a lovely time strolling around the grounds of Antony with Brian from the education department. They went daffodil picking in the gardens and enjoyed the Spring sunshine.

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### **Hannahwood Creations**

Hannahwood young adults have been really creative this month whether building intricate Lego models, making marshmallow models or creating Mother's Day cards.





### **Santa Fun Run Donation**

Saltram Rotary Club presented a very generous cheque to Charlotte from Fundraising and Head Teacher Jason Ryder recently. The donation of £2,250 was from funds raised at the Plymouth Santa Fun Run before Christmas. Hannahs was one of the beneficiary charities alongside Shekinah Mission and Jeremiah's Journey.

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### **Applied Automation Fundraisers**

Staff at Applied Automation in Plymouth have been busy fundraising for the Dame Hannah Rogers Trust over the past year and recently presented a very generous cheque for £702 to the charity. Applied Automation chose Hannahs as their nominated charity for 2018. During the year they organised a raffle, took part in a skydive challenge, bought Hannahs raffle tickets and helped with bucket collections at the Devon County Show.



### **Sahara Desert Trek - Last chance to sign up**

Are you up for a challenging and life-changing experience? This is your last chance to join Team Hannahs on this amazing adventure in the awe-inspiring Sahara Desert 17th-21st February 2020. The five day trek covers 100km passing through Morocco's incredible landscape punctuated by peaks, gorges, dunes and oases. At night, sleep under Africa's star strewn sky and enjoy traditional Berber hospitality. If you are interested please contact Charlotte Nicholls at [charlotte.nicholls@discoverhannahs.org](mailto:charlotte.nicholls@discoverhannahs.org) or on 01626 325835.



### **Sing to Raise**

Take part in our Sing to Raise initiative during 2019 and make a difference in your community! Get your choir, band, singing group or friends together and hold a musical event for Dame Hannahs. If you need help or advice with your ideas please do get in touch - [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

