# DAME HANNAHS NEWS - FEBRUARY 2022

#### Welcome

After a quiet start to the year and despite the recent storms, our young adults have kept busy with indoor activities, birthday celebrations and the occasional windy walk. We continue to be grateful to our fundraisers for their generous donations and support and are looking forward to getting out into the community again.



### **Farewell Bex**

We recently said a fond farewell to Bex Marshall who has been a much loved and key member of the Dame Hannahs family for 10 years. She has played such an important part in the lives of both our young adults and staff. She was responsible for organising so many fun and innovative activities and events during her time with us and brought so much joy to everyone's lives. She will be very much missed. Thank you and best of luck for the future Bex!

## **Happy Birthday!**

Birthdays and special days of the year are always celebrated at Dame Hannahs. Recently Helen celebrated her birthday.





## Windy Walk

Michelle and Nicola made the most of a break in the weather recently. Despite all the storms our young adults managed to get out for walks in between the gusts.



#### **Thank You**

Thank you to the residents of Maple & Magnolia Court Social Committee for their very generous donation of £140. This was raised from the proceeds of a recent talk given by Debbie from our Fundraising team and their Christmas raffle. Christine Cunningham for the social committee said "We wished to support the work of Dame Hannahs as my daughter Nina is a support worker there and had told me what an amazing place it was. We invited Debbie to give a talk which was very informative and interesting". Debbie said, "I wish to thank the social committee for their very generous donation and for making me so welcome on my two recent visits".



# **Comfy Chair**

We would like to say a big thank you to CareFlex for very generously donating a comfy chair to Dame Hannahs. Our young adults are really enjoying using it for relaxing and socialising. A comfy chair offers the benefit of an alternative seating position as part of the young adults' 24 hour posture management plan. The plan is devised by the Occupational Therapist and Physiotherapist which involves varied positional changes to support their posture, physical health and comfort.



### **Cake Bakers**

During the stormy weather our young adults found some indoor activities to keep them busy. Cake baking is always very popular!



### **Forthcoming Events**

We are delighted to have had confirmation that the Yealmpton Show is returning this year on Wednesday 27th July. Our Ivybridge Supporter Group are looking forward to baking and selling cakes! We are also planning to get involved in other events later in the summer.



### **Calling all Volunteers**

Sharon has recently joined our team of volunteers in our warehouse based at Transit Way. We are looking for more warehouse and shop volunteers across the network. If you are interested please contact your nearest Hannahs shop.