

## DAME HANNAHS NEWS - JULY 2022

### Welcome

Everyone has enjoyed being out and about in the sunshine as well as facing the challenges of the recent heatwave. There have been several birthday celebrations as well as fun outings and activities. We have welcomed new volunteers and members of staff and we have some exciting events coming up.



### Heatwave

We were all looking at ways to get through the heatwave. Matt and Lizzie from Arthur loved cooling down in their paddling pool!



### Yealmpton Show

Come and visit our stand at the Yealmpton Show on Wednesday 27th July. There will be plenty of delicious home-made cakes and jams as well as hand-made gifts.



### **Lloyds Volunteers**

We were hugely grateful to the team from Lloyds Bank who spent a day volunteering on the site. Our Site Maintenance Manager, Simon Richardson, said “I would like to say a big thank you to the Lloyds team who came to help us. They have done an amazing job clearing some pathways and painting the hallway in one of our bungalows to a really good standard. They were a joy to have on site. With their help we are one step closer to making the site a better place to live for our adults”.



### **Getting Creative**

Baking is always very popular. Dom and LJ made a delicious strawberry cheesecake recently. Meanwhile Rachel has been enjoying painting.



## Birthday Celebrations

Michelle, Dom and Daisy all celebrated their birthdays this month. Michelle and Dom enjoyed partying at Dame Hannahs while Daisy celebrated with her friends at a bowling party.

**Dame Hannah Rogers Trust**

Reg.Charity Number 1194836

# Summer Raffle

**1st Prize: £500**

**2nd Prize: £300**

**3rd Prize: £100**

*The draw will take place on Friday 29th July 2022 at 11:00am*

Promoter: Mr James Derrick, Dame Hannah Rogers Trust 2019 Ltd, Woodland Road, Ivybridge, PL21 9HQ  
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**Ticket Price £1.00**

This is your last chance to buy tickets for our Summer Raffle

To buy tickets call 01752 898106

The draw takes place on Friday 29th July



### **Welcome Sammy**

Plymouth University student Sammy Parkin has joined our Fundraising and Communications team as an intern. Sammy is focusing on a social media plan to help raise awareness of the Trust. After finishing her degree in Psychology, Sammy decided to pursue her interest in Marketing by studying it as a Masters. The team are enjoying working with Sammy and hearing all her new and fresh ideas.



### **Tour de Dame Hannahs**

Bex and Hannah thoroughly enjoyed their recent session on the static Thera trainer bike. It is a really effective form of physiotherapy as it helps strengthen the legs and is good cardio exercise.



### Arthur Girls

Emma and Sarah from Arthur have been enjoying activities such as yoga in the bungalow as well as going out and about including a trip to the cinema.

**Thursday 6th October 2022**  
**12:30pm**

**Autumn Lunch**



**Two Course Lunch**  
including coffee or tea - £25 per person  
with a Flower Arranging Demonstration  
**Elfordleigh Hotel**  
**Plympton, PL7 5EB**  
Booking in advance essential by calling  
Debbie Lumsdon, 01752 898106

A variety of stallholders will be in attendance from  
11am for you to shop before and after lunch

**Book tickets now to our Autumn Lunch!**