

DAME HANNAHS NEWS - JUNE 2023

Welcome

We have all had such a busy month with amazing fundraising challenges and celebrations and lots of interesting and fun activities. The weather has been glorious so we have made the most of our beautiful grounds as well as outings in the sunshine.



Isla's Danceathon

Our Activities and Events Coordinator Isla took part in a 24 hour danceathon recently and raised an amazing £1200 for Dame Hannahs! She took on this massive fundraising challenge to enable our adults to enjoy more activities from outside providers such as Argyle Community Trust and Far Flung Dance

Theatre. Throughout the 24 hour challenge Isla was joined by friends, family, staff and adults from across the site. It was lovely to see the Dame Hannahs community coming together and having fun whilst raising funds for our wonderful adults.



Football Fun

The football group has had great fun playing outside in the sunshine recently. Thank you to Beki from our Speech and Language team for creating a football focused communication aid which was very helpful. "GOAL" was particularly popular! And thank you once again to Eoin from Argyle Community Trust.



Music Magic

Music Therapist Beth comes to Dame Hannahs every week to spend time with our adults. They all love her sessions and really benefit from their time in the

music room. They all have their own favourite songs and instruments. It is wonderful to see them relax and smile as soon as they hear the music. Beth worked as part of our AAC (Augmentative and Alternative Communication) team while she was studying for her Masters in Music Therapy. She is now a freelance music therapist mainly working with Early Years. She also set up a community music charity called Evolve Music which focuses on co-creating music with families, young people and adults.



Ahoy There!

Several of our adults have enjoyed sailing trips recently and in perfect sailing weather. A big thank you to Horizons Sailing Charity for making these sailing trips throughout the summer possible.



Teresa's Swimathon

Teresa is a member of our housekeeping team and has decided to do a swimathon to raise funds for Dame Hannahs. She is going to take on a 5 mile swim in weekly stages during October. Her summer training is already well underway! The swimming challenge is all the more remarkable as Teresa only learnt to swim two years ago. Please support her by clicking on the link below.

If you would like to take on a fundraising challenge this summer please contact the Fundraising team on 01752 898135



ABBA Party

Everyone really enjoyed coming together for some music and fun at Sarah's ABBA themed birthday party. The ABBA tribute group did a great job of getting everyone singing and dancing!



Alpaca Friends

Meanwhile Zach celebrated his birthday by taking his friends from the Mews to meet some Alpacas. They had great fun feeding them and making new friends!



Fun in the Sun

With the recent glorious weather there has been no need to go very far. A lot of our adults have been very happy spending time in the Dame Hannahs garden. Our groundsmen have been hard at work to keep the site looking amazing.



Together Tuesday

Our gatherings every Tuesday are as popular as ever. Adults and staff from all over the site love getting together to share news, celebrate birthdays and achievements, and learn new Makaton signs. And we all love a good singalong at the end!



Plymouth Pirates

Emma and Tilly had a lovely time when they went to join in the annual Pirate Weekend in Plymouth. There were lots of fun pirate activities and parrots to meet!
