

## E-Newsletter February 2024

### Welcome

**This month we have had several special days to celebrate including Valentine's Day and Chinese New Year and our young adults have enjoyed outings in between the rain. We have welcomed new staff and visitors and we are very grateful to our supporters who have been busy planning events and activities.**

### Chinese New Year

Our staff and young adults had a busy time celebrating Chinese New Year. Beforehand they made beautiful lanterns and dragons to decorate the hall and then on the night each bungalow cooked a delicious Chinese dish. It was a great celebration and feast!



### 10X Fitness Charity of the Year

The owners of 10X Fitness in Kingsteignton have kindly chosen Dame Hannahs as their Charity of the Year. Debbie from our Fundraising team went along to meet Kev and Louise Dadd. They will be running fundraising events throughout the year and have already raised over £250.

## Valentine's Day

Everyone had a lovely time celebrating Valentine's Day with all sorts of treats. The highlight of the day was the Ball.



## Inflatable Team

A group of 10 support workers from our Mews have signed up to take part in the Inflatable 5K in Exeter on April 27th. They will be bouncing their way through the world's biggest inflatable 5K obstacle course! All in aid of Dame Hannahs. If you are interested in taking part in this fun event please contact Debbie Lumsdon on 01752 898106.



## Bucket Collection

A huge thank you to everyone who came to see us at Morrisons in Kingsbridge and who were so generous with their donations. We raised a wonderful £178. Matty was particularly busy and picked up an admirer!





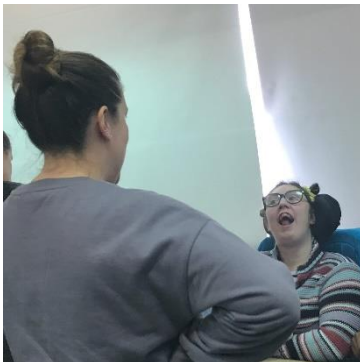
## Bakers

The Arthur girls have been busy baking this month. And on Shrove Tuesday support worker Alex was a star and made pancakes for everyone!



## Councillors Visit

Following an earlier visit from local councillors Victor and Nadine, they returned recently to meet some of our adults and to join in with our Voice Group. Both our staff and adults had some really good ideas on how to make Ivybridge more accessible which they wanted to share. The councillors were really interested and left with a lot of ideas to take to their next council meeting. Our Speech and Language team facilitated the meeting by using visual support to communicate our adults' thoughts and opinions to the councillors. All in all it was a very positive session.



## Birthdays

We always love celebrating birthdays. This month not only did Sarah and Helen celebrate their birthdays but support worker Theresa had a very important birthday as she turned 70!



## Therapies Team

The Therapies team have recently welcomed two new members. Muhammad is the new physiotherapist and Sarah has started as a therapy support assistant.

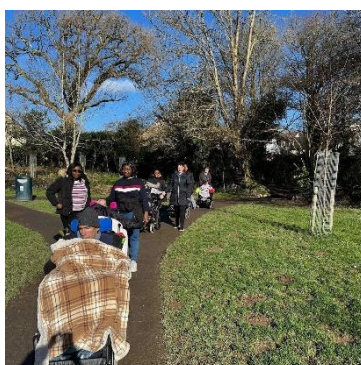
You can read more about them on our website.

The Speech and Language team have also been joined by Marjons student Carmela for a month.



## Winter Outings

As soon as the rain stops our adults love getting out and about. They took advantage of the winter sunshine visiting the seaside and enjoying sensory walks in our beautiful grounds.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)



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