

January E-Newsletter

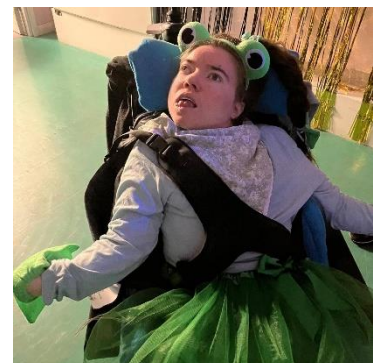
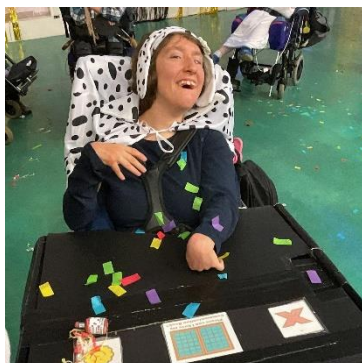
Welcome

Happy New Year from everyone at Dame Hannahs! Despite the very blustery and snowy start to the year our young adults have braved the cold weather to go on some lovely outings. After welcoming in the New Year with a party they have settled into a routine and have been enjoying a variety of activities. Meanwhile our fundraising team and supporters have been busy making exciting plans for the year.



New Year's Eve

Everyone had a great time at our New Year's Eve party. The theme was fancy dress and there were lots of great costumes. It was a really fun way to see in the New Year.





Spring Luncheon

Book your tickets now to our Spring Luncheon on Thursday 20th March. You can enjoy a delicious two course lunch with family and friends at the beautiful Elfordleigh Hotel. It will be a great way to celebrate the first day of Spring.

For more information or to book tickets contact Debbie on 01752 898106 or debbie.lumsdon@discoverhannahs.org

Paignton Pier

The bungalows have been taking it in turns to visit Paignton Pier. They loved meeting all their favourite Disney characters and the odd dinosaur. And they managed to fit in walks along the beach and enjoy some refreshments.



London Marathon

Alex Harris is running the London Marathon in memory of her lovely nephew Zach who lived at Dame Hannahs for many years.

The marathon takes place on Sunday 27th April. Please support her in any way you can.

If you would like to take on a fundraising challenge in aid of Dame Hannahs please contact Debbie on 01752 898106.

Bake Off

There has been a lot of baking going on this month including shortbread on National Shortbread Day. Our bakers have become really good at using their switches to operate the kitchen appliances.



Eyegaze

We are very lucky and grateful to the Hobson Charity for their very generous grant which enabled us to purchase a Communication Aid, with Eyegaze, package. The communication aid can be accessed by touch, switches and also Eye-gaze, which uses a specialist camera to enable people to control the computer using eye movements. This can be particularly beneficial to those with physical disabilities. Because of this generous purchase, lots of our young adults are working with the Speech and Language Therapy Team on opportunities to develop different communication skills. These include learning cause and effect skills, learning to make choices and how to put phrases together. These skills can be targeted using different specialist software, from games to vocabulary pages. Many of our young adults are already benefiting from this amazing technology.



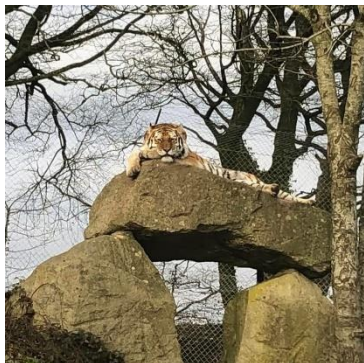


Tugboats and Dolphins

A group of fundraisers called Tugboats and Dolphins are taking on a huge challenge to raise funds for the refurbishment of the sensory room at Dame Hannahs. They will be cycling from Plymouth to Santander which is a massive 950 miles over 10 days starting on April 13th. They will also be taking on other challenges leading up to this event including the Three Peaks Challenge. Please support them to enable them to reach their target.

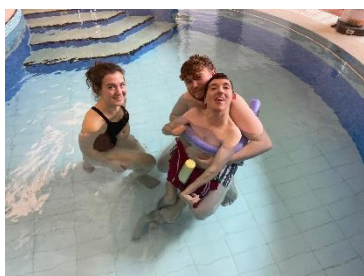
Zoo Visit

The Marchesi group braved the cold weather and had a lovely day out at Dartmoor Zoo. They were particularly impressed with these big cats.



Hydro Fun

While the weather has been snowy and cold outside, inside our young adults have been enjoying sessions in our very warm hydrotherapy pool. They all really benefit from these sessions with our therapy assistants. Robin has recently joined the team of therapy assistants and our intern Beth has been helping out in the pool along with other therapy sessions. Beth is on a three month placement as part of her Masters in Occupational Therapy at Plymouth University.



Bucket Collection

Thank you to all the customers at Tesco in Kingsbridge who came to chat to us on a very cold day and helped us to raise £122.40. As well as raising funds for Dame Hannahs, our days out really help to raise awareness and connect with local communities.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact supportus@discoverhannahs.org



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Dame Hannah Rogers Trust 2019 Limited

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