

September E-Newsletter



Welcome

At Dame Hannahs the beautiful colour of our favourite tree is always the first sign of Autumn. Everyone made the most of the last sunny days with a variety of activities outside. Meanwhile our fundraisers and volunteers have been very busy and we are always so grateful to them for all their hard work.

Tennis

Everyone has been loving the weekly tennis sessions with Fiona. Our young adults always enjoy taking part in all the different ball exercises as well as playing tennis. These activities are really good for their hand eye coordination



Bingo Night

A big thank you to everyone who came to our first ever Bingo Night at Dame Hannahs and helped us raise a wonderful £347! It was lovely to welcome new visitors as well as old friends. Everyone had great fun and enjoyed the delicious homemade cakes and raffle at haltime. The evening was such a success that we are planning our next Bingo Night on Friday 29th November at 7pm.





Quiz Night

Come and enjoy a fun night full of challenges at our Quiz Night on Thursday 24th October at 7pm at Dame Hannahs. Tickets are £10 each and include a Cottage Pie supper with a refreshment.

We are looking for teams of 6 people so either create your own team or join others on the night. Register your team now by contacting our Fundraising Team on 01752 898135.

Music Therapy

A group from the Mews really enjoyed their session with music therapist Beth recently. They interacted with the instruments and the music really brought smiles to their faces. Beth comes in regularly to work with a lot of our young adults who really benefit from the sessions.



Christmas Fayre

We are very excited to be holding our first ever Christmas Fayre at Dame Hannahs

It will be taking place on Saturday 16th November 10am-4pm

There will be lots of stalls selling wonderful gifts and plenty of delicious homemade food and refreshments

Bring along your family and friends

It will be the perfect festive day out for all ages



Kingsbridge Show

We were delighted that our Refreshment Tent at the Kingsbridge Show raised an amazing £1346! A big thank you to the show committee and everyone who came to enjoy our delicious homemade cakes. And a special thank you to our wonderful team of volunteers for all their help and hard work.



Circus Trip

A group from Hayward and Gilleys bungalows went to the circus recently and thoroughly enjoyed it. They watched performers of all abilities put on an amazing show.



Jazz Fundraiser

Dame Hannahs supporter Derek Cheesbrough raised a wonderful £130 at the Bude Jazz Festival. He sold his jazz books and recordings and all proceeds went to our charity.

Autumn Outings

Everyone really enjoyed making the most of the recent Autumn sunshine. They collected leaves and conkers and anything to do with Autumn to make into art creations. Meanwhile Dan went on a trip to Siblyback Lake in Cornwall and learnt all about the lake and what to look out for on his walk.



Makaton Awareness Day

On Makaton Awareness day everyone focused on signing in Together Tuesday. Both the staff and young adults learn new signs each week and have all been making really good progress with their Makaton.



Aggregate Volunteers

We are very grateful to the volunteers from Aggregate Industries who spent three days painting rooms at Dame Hannahs. Three teams gave up a day to volunteer and their hard work was a huge help. If you and your colleagues would like to volunteer at Dame Hannahs please contact our Fundraising Team on 01752 898135.



Emergency Services Day

We always like to celebrate key awareness days. On Emergency Services Day recently a group of our young adults had fun making hats and badges.

