

Celebrating 250 years!

# Hannah Time

Spring 2017



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# “A warm welcome to Hannah Time”



## **Welcome to our very special birthday edition of Hannah Time.**

As the new Chair of Trustees I am delighted to announce that 2017 marks the 250th Anniversary of the Dame Hannah Rogers Trust, or Hannahs as we are known.

Hannahs was founded in 1767 following a £10,000 legacy left by Dame Hannah Rogers, the wife of a Plymouth MP, for “the poor and unfortunate children of Plymouth”.

250 years on we have come a long way in interpreting that legacy and our focus has moved from ‘helping’ to ‘enabling’ and ‘providing opportunity’. That relatively small amount of money has supported work with hundreds of thousands of children, young people and adults with a range of disabilities over the years – what a wonderful gift that was!

Our motivation for the celebrations is based around the important and highly topical subject of loneliness. Research shows that loneliness can affect you like physical pain and make you more susceptible to illness and depression, yet one in four people with disabilities are unable to leave their home more than once a week. This is unacceptable and here at Hannahs

we are changing things with the help of fantastic people like you.

So how can you help?

In this edition of Hannah Time you will see for yourself the changes we are making to peoples’ lives but in order for us to continue our proud tradition we need to raise much-needed funds. So we are challenging you to join in and raise money as part of our #BIG250 campaign.

We already have offers of support flooding in and people signed up to do sky dives, sell teacup candles, arrange cake sales and offer free dance lessons – it all helps. The money raised will help to provide activities, days out, training and employment opportunities for even more children, young people and adults with a range of disabilities.

You can find out more on page 14

I would like to take this opportunity to thank everyone for the warm welcome and their continued support. We depend on you all.

Thank you

Professor David Coslett,  
Chair of Trustees

# History



**Dame Hannah Rogers was the founder of the Dame Hannah Rogers Trust, also known as Hannahs. 2017 marks the 250th anniversary of the founding of the charity.**

Dame Hannah was born in 1719 and brought up in Cornwall. In 1742 she married John Rogers and moved to Devon. Her husband later became Sir John Rogers MP. They never had children but Hannah had a passion for working with and helping children.

She died on 18 April 1766 leaving £10,000 in her Last Will and Testament and in 1767 her legacy was invested in the founding of the Dame Hannah Rogers Trust. Its aim was to help the poor and unfortunate children of Plymouth. Throughout the proud history of the Trust our aim has always been simple: to help enrich and empower the lives of children and adults in need. Today the legacy is now helping and improving the lives of children from all over the UK.

In 1925 and after much modernisation, Hannahs opened one of the UK's first orthopaedic hospitals at Ivybridge, on the edge of Dartmoor National Park. Some 30 years later, we were the first to open a school for children with Cerebral Palsy. Since then, we have gone from strength to strength, enabling and enriching the lives of more than 500 disabled children and their families annually. In 2008, we saw a desperate need for support for young adults with disabilities. As a result we opened Hannahwood; a transition programme for 19-25yr olds. Hannahwood supports our young adults' choice to live independently in specially adapted, bright and modern bungalows.



Eager to expand our reach, and bursting with more innovative ideas, Hannahs acquired a 90 acre site at Seale-Hayne in December 2009. The aim was to offer opportunities to adults with disabilities and learning difficulties and in May 2010 Hannahs at Seale-Hayne opened. There is an outdoor pursuits centre, recording studios, sensory music rooms, gallery, bistro, workshops, vocational courses and learning placements. From the official opening by HRH The Princess Royal to the Olympic Torch ceremony some memorable events have taken place at Seale-Hayne alongside great achievements. Seale-Hayne has become a thriving centre where people of all abilities can train, learn, work and have fun.

Other momentous events in Hannahs recent history was a reception hosted for the charity by Prime Minister's wife Samantha Cameron at 10 Downing Street in 2012. Two years later the charity was honoured by Great Western Railway with the naming of the first Hannahs train. Such events have helped raise the profile of the charity. Since 1767 Hannahs has supported hundreds of thousands of children, young people and adults with disabilities.



# Timeline

1718



Hannah  
Trefus is born

1742

Hannah marries  
John Rogers

1766

Hannah dies

1767

Hannah leaves  
£10,000 legacy to  
establish a school for the  
poor and unfortunate  
children of Plymouth

1787

First school established  
(45 children aged 8-18)

1887

Lord Blachford  
(Hannah's descendant)  
presents Blachford Manor  
to the Trust

1925

First orthopaedic  
hospital/school opens  
in Ivybridge

1949

School welcomes  
27 children with  
Cerebral Palsy

1958

First school in UK established for  
children with Cerebral Palsy (50  
children) – purpose built and  
funded by the Round Table

2010



Hannahs at Seale-Hayne officially  
opened by HRH Princess Anne.

2011



Hydrotherapy pool opens at  
Seale-Hayne

2012



Hannahs at Seale-  
Hayne included  
in Olympic  
Torch relay.

2013



Park Street opens.  
A house in Ivybridge for  
some young adults from  
Hannahwood to join in  
community living.

# 1718 -2017

1959

The Queen Mother officially opens the school

1989

Gilleys bungalow (first of 5) opened by HRH Princess Anne using money left to Hannahs in the will of a local roadsweeper.

1994

Hydrotherapy pool at Ivybridge opened.

2006



Respite Centre and Children's Home opened by Bobby Davro

2008



Hannahwood, Hannahs young adult provision opens.

2017



Since we have opened we have had 120,000 visitors and have helped 800 people with disabilities per year.

Since 1767 Hannahs has supported hundreds of thousands of children, young people and adults with disabilities.



# Ivybridge



**Ivybridge has been the “home” of Hannahs since the Trust began 250 years ago. Today it is a bright and vibrant hub providing care and support for hundreds of children and young people with complex disabilities from 3 years upwards.**

It is home to our school, respite centre, children's home and Hannahwood – an innovative transition project for older students aged 19 upwards. It is all supported by an amazing team of therapists, educationalists and expert medical and care staff.

At Hannahs Ivybridge we provide education and care for young people ranging from under 5s to over 25s. The little ones are able to enjoy time in our new Nursery class Starfish, a bright and colourful space where they can learn and play. They can then move

into our main school where students follow a tailor-made version of the national curriculum including maths, English, science and life skills and have access to the very best in interactive equipment. For school leavers we have a purpose built further education college in Hannahwood, which is affiliated with City College Plymouth. It comes complete with an art and enterprise room, IT lab, sensory room and fully equipped music and recording room.

There is also a range of accommodation available providing





much needed respite for families as well as residential opportunities for up to 52 weeks a year.

Care for all our young people at Hannahs Ivybridge is second to none. Our multi-disciplinary team provides specialist therapy and care, 24 hours a day, 7 days a week. Our young people are looked after in a caring and stimulating environment where they are encouraged and supported to achieve to the very best of their abilities. For the younger children we make sure that our approach is family centred while in Hannahwood we focus on the young adults living as independently as possible. Working with therapists they benefit from a hydrotherapy pool and sensory rooms on site.

For all our young people at Hannahs Ivybridge we make sure that they are all able to have fun and take part in as many activities as possible such as art, music, cooking and gardening.

They all enjoy socialising and relaxing whether it is listening to music or playing games. The young adults have regular social evenings involving discos, quizzes and karaoke. All our young people are able to go out regularly on trips in minibuses which have been generously donated by our supporters. They take part in sailing, horse riding and tennis and go to the beach, theatre and cinema, zoo, bowling, local festivals and many other beautiful and exciting places in South Devon.

Challenging the status quo and proving the impossible is possible is something that Hannahs has been doing for 250 years. Whether it is helping a child to walk for the first time, giving them a voice through the use of communication aids or organising a Norwegian cruise to fulfil a young person's dream, our aim is to ensure that every child and young person we support is able to live life to the full – no barriers allowed!

# Seale-Hayne



**Hannahs might be 250 years old but we never stop moving forward and looking for new opportunities to help people of all ages with disabilities. Hannahs at Seale-Hayne is the latest development and is now into its seventh year.**

Seale-Hayne is a thriving centre for people of all abilities, where they can train, learn, have fun and fulfil their true potential without judgement or limit and is also open to the public seven days a week. The site offers many facilities such as arts, live music, recording studio, outdoor pursuits, shops, artists' studios, bistro and a health and wellbeing centre with hydopool.

Over 800 people with disabilities and their families are supported at Seale-Hayne each year. Over 120,000 people from both the local community and further afield also use the facilities. All those people learning and having fun together – what an inspiring community we are creating.

Hannahs organises a variety of events throughout the year and the highlight

is the Christmas Fayre which attracts 3,500 visitors over two days and raises £25,000 for the charity. Art is a major part of life at Seale-Hayne with a variety of stunning exhibitions taking place in the Gallery alongside regular art sessions for people with disabilities.

Access All Aerials, Hannahs very own radio station run by people with disabilities, was launched five years ago. The station has achieved over 200,000 show listens and nearly 1,500 followers. There are over 30 guests hosting their own shows every week and the station has regular listeners from all around the world. To tune in go to [www.spreaker.com/accessallaerials](http://www.spreaker.com/accessallaerials).

In 2014 Hannahs officially opened an extensive range of accessible accommodation and they are delighted

to be able to offer desperately needed breaks to young people and their families in beautifully finished en suite rooms, a family apartment and some very special glamping units.

Also based at Seale-Hayne is Fusion Project, which offers a comprehensive service of assessment, diagnosis and support for individuals with a range of neurodisabilities and support needs including autism, acquired brain injury, mental health and cerebral palsy. Alongside this is a Sensory Integration Therapy Service offering comprehensive assessment and therapy to children of all ages.

Weddings and conferences have become very popular at Seale-Hayne. Hannahs offers a unique wedding destination with a twist and can work

with couples to create the perfect tailor-made wedding. There is a range of indoor and outdoor venues to suit most requirements from small and intimate to large and formal.

Seven years on and we are proud to say that Seale-Hayne is well established as a place of true integration and imagination where disability is incidental.



## 'LOOKING IN WONDERLAND' EXHIBITION

'Looking in Wonderland', an exhibition of the famous illustrations from Lewis Carroll's Alice books, is the highlight of our events at Seale-Hayne this summer. Sir John Tenniel's illustrations from 'Alice's Adventures in Wonderland' and 'Through the Looking-Glass and what Alice found there' will be on show at Seale-Hayne from Saturday 1st June to Monday 28<sup>th</sup> August 2017.

**For information on all our events at Seale-Hayne visit [www.discoverhannahs.org/events](http://www.discoverhannahs.org/events)**

# Georgy Tubb



**Twenty three year old Georgy Tubb works as part of the Housekeeping team at Seale-Hayne and is a key member of the Access All Aerials (AAA) radio station. Georgy is on the autistic spectrum and has dyspraxia.**

Georgy comes from Kenton near Powderham Castle and attended Trinity School in Teignbridge. After school she went to Bicton College to study the Pathway to Employment course and then went on to work in the Housekeeping team at Jury's Inn for six months.

Five years ago it was by chance that Georgy's mother came to Seale-Hayne for coffee and learnt about the opportunities on offer. Initially Georgy volunteered in several departments at Seale-Hayne and was then offered a job in Housekeeping.

She later joined the AAA team as DJ Tubbster which was a perfect opportunity as music is one of her main passions, particularly R&B, Hip Hop and Rap. Her other great passion is rugby and she is an avid supporter of the Exeter Chiefs. Recently she was lucky enough to visit the ground at Sandy Park and to interview several players and coaches for her AAA radio show. She was also filmed to raise awareness for Autism Awareness Week. Georgy is a busy and much valued member of Hannahs at Seale-Hayne.

# Dominic Kennedy



**Dominic is 26 years old and started at Hannahs school in Ivybridge in 2006. Three years later he then moved on to Hannahwood, our young adult provision and lives in one of the bungalows on site.**

Dominic loves playing Boccia, a precision ball sport for people with disabilities, has recently taken up yoga and is about to start tennis lessons. He really enjoys socialising with his friends and going out on trips whether it is a lads' day out to Burrator Reservoir or a quiz night in Hannahwood. Thanks to the Horizons Sailing Charity, he has become very keen on sailing and he is also an avid England Rugby fan.

Hannahwood recently started their own weekly coffee shop called Sweets and Treats and Dominic loves doing

his shift serving customers. He is also a regular presenter on Hannahwood Radio, a weekly show recorded in the Access All Aerials studio at Seale-Hayne.

Dominic has two sisters Harriet and Charlotte as well as several nephews and nieces with whom he loves spending time. He goes home to Somerset every fortnight and really enjoys joining in all the family activities but he is always happy to return to his other home in Hannahwood.

# Help us celebrate 250 years!

Every year with your help, Hannahs reaches **1500 young people** with a wide range of disabilities, offering support, choice and opportunities to ensure everyone can live a happy and fulfilled life. Sadly though, there are many young people in the South West who are not yet part of the Hannahs family. Countless young adults end up in a nursing home by the age of 25 and it is estimated that 77% of people with a disability suffer with loneliness, boredom and depression.

**We need your help during this special anniversary to take positive action, reach more people and change lives.**

## Organise your own event and help reach our target of £250,000 for 250 years.

We'd love you to plan and organise an event and raise £250 or even £2,500 to celebrate 250 years of Dame Hannahs! Our team has lots of experience in organising events so we are happy to give you friendly advice on planning and how to maximise your fundraising efforts.

**Here are some ideas for events you might like to organise:**

**COFFEE MORNINGS, HIGH TEA, BINGO OR EVEN DONKEY BINGO!  
BAKE SALES, SAFARI SUPPER, WEAR YOUR CLOTHES BACK TO FRONT DAY,  
GARAGE OR JUMBLE SALES, SWISH OR FASHION SHOW, TREASURE HUNT,  
RAFFLES, QUIZ NIGHT, WORM CHARMING! GAMEATHON, SWEAR BOX,  
SPONSORED WALK.**



Kristy at Seale Hayne selling tea cup candles



Kristy's also organised a fashion show

**Join Kristy and get involved in fundraising for our 250<sup>th</sup> anniversary. We can't wait to hear what you plan to do!**

We have items that you can borrow for events – collection cans, banners, flags and literature. Call us to find out how we can support your fantastic fundraising efforts. We can also include your event on our website, social media and sometimes have the opportunity to include in the local press.

**And if you are feeling energetic...**

## Challenge events you can sign up to this year and raise funds for Hannahs:



### Fuzzy Duck Sky Dives

30 September 2017 and 10 March 2018

Pick from one of our dates this year and join a team of fuzzy ducks! Your own fuzzy duck suit will be provided when you jump for Hannahs and if you raise more than £395, you can jump for free.



### Exeter's Great West Run – 15<sup>th</sup> October.

Exeter's Great West Run takes an exciting 13.1 miles route through the heart of Exeter. This half marathon has it all; a journey through the city centre, followed by pretty country lanes and stunning views across Exeter.



### Tough Mudder – various dates.

Can you handle the Tough Mudder? There are various dates and venues to suit all challengers. Question is, are you up to it?

### Torbay Half Marathon – 25<sup>th</sup> June.

Stunning seaside event  
along the Torbay coast.

### Plymouth 10km – 8<sup>th</sup> October.

Part of the Britain's Ocean Series.

Want to find out more about fundraising?

Contact the fundraising team for your free 250 pack  
01626 325 800 [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

# Free Wills Offer

Don't leave it too late to write a Will



## Do you have a Will? If not, here's your chance to sort one out.

We work with McClure Solicitors who prepare Wills FREE OF CHARGE - just consider a donation for Dame Hannah Roger's Trust. McClure Solicitors prepare about 400 Wills for new clients each month so you are in good hands.

The good news is that McClure don't just provide ordinary Wills. They produce Estate Planning Wills if necessary.

An ordinary Will only sets out who is to get your estate when you die and who is to administer it. Their Wills do that. However, that's only step one. They then consider with the client what effect the inheritance will have on their children or other beneficiaries.

This often means that a Will is not enough. You might need a Trust as well. This could be a Trust in your Will or, better still, a separate Lifetime Trust. That's step two.

Lastly, they consider where your estate is likely to go next, for example, you might leave your estate to a son who gets divorced and part of your estate goes outside your blood relatives. This is avoidable.

If you already have a Will, well done you, but is it correct and up to date? Research shows that 1 in 4 Wills are defective in some way. McClure carry out free safety checks and, if necessary, will update or correct your Will for free.

For peace of mind, why not use the McClure Free Will scheme?

For an appointment, telephone McClure Solicitors on Freephone 0800 852 1999 and quote Dame Hannah Rogers Charity.

For more information, see [www.mcclure-solicitors.com](http://www.mcclure-solicitors.com)



# Mary Watts



## **Mary Watts is Chairman of Hannahs Ivybridge Supporter Group but her link with Hannahs started over 70 years ago.**

As a small child aged three, Mary was diagnosed with Polio and spent six months being treated at Dame Hannahs in 1945. It was a tough time as her parents were only allowed to visit once a fortnight but her treatment made a huge difference. The Polio left Mary with a weakness in her right leg and poor balance which led to quite a few falls but she has lived a fulfilling life. Through her childhood and teenage years she swam and kept active and she even remembers dancing all night! Mary married in 1964 and went on to have two sons.

Keen to give something back to the charity that helped her so much, Mary first joined the Dame Hannahs fundraising committee

in 1991. Through her contact she was instrumental in Dame Hannahs being chosen as the Devon County Show 'Charity of the Year' in 1995. During the late 1990s Mary had a less active role due to Post Polio Syndrome and increasing falls before rejoining in 2007. She then went on to become Chairman in 2010 and in 2012 celebrated her 70<sup>th</sup> birthday in the Great Hall at Seale-Hayne. Mary is very grateful to all who support the fundraising events and relishes the challenges and the joy they bring. Mary continues to be so thankful to have watched Hannahs develop over the years and to see the young people being able to lead as normal lives as possible.

Joining a Hannahs Supporter Group offers the chance to build closer links with the charity, whilst forming new friendships, getting involved in fundraising events and making a real difference. If you are interested in joining the Ivybridge Supporter Group or setting up a new Supporter Group in your area please contact: [hayley.dann@discoverhannahs.org](mailto:hayley.dann@discoverhannahs.org)

# Big 250 Fundraisers

**Our supporters are already behind our campaign and are busy fundraising...**



## Reg's Sky Dive

Retired policeman Reg Wilkinson decided to celebrate his 80<sup>th</sup> Birthday in a very daring and adventurous way by taking part in a sky dive and raising £1000 for Hannahs.



## Plymouth Half Marathon Runners

Jodie Warren and Alec Church from Plymouth University completed the Ocean City Half Marathon and reached their target of £400.



## Football Fundraisers

Three students from the university of St. Mark and St. John in Plymouth organised a 250 minute, seven a side, continuous football match in aid of Hannahs.



## Hannahs Ball

Over 130 Hannahs supporters enjoyed an evening of dancing and entertainment at our 250<sup>th</sup> Anniversary Ball.



Yes! I want to support Hannahs 250th anniversary and help stamp out loneliness among young adults.



Please send to: Fundraising, Dame Hannah Rogers Charity, Hannahs at Ivybridge, Woodland Road Ivybridge, Devon PL21 9HQ

Title (Mr/Mrs/Miss/Ms/Other)\*      Name\*      Surname\*

Address\*

Postcode\*

Telephone      Email

Please let us know if your circumstances or address details change so that we can amend our records.

**I would like to make a one off gift:**

I enclose a cheque for: *Please make cheques out to 'Dame Hannah Rogers Charity'*

**I would like to make a regular gift to Hannahs:**

The sum of  £10 /  £25 /  £50 other:      Each  quarter /  month /  year

To: The Manager (name of your bank)

Address of your bank

Postcode

Name(s) of account holder(s)

Account Number      Sort Code \_\_\_ / \_\_\_ / \_\_\_

Please start payment from (date):      D D / M M / Y Y Y Y

Signed:      Date: DD / MM / YYYY

Service User Number            Reference

**Instruction to your bank or building society**

Please pay Dame Hannah Rogers Charity Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Dame Hannah Rogers Charity and, if so, details will be passed electronically to my bank/building society.

**Make your gift worth even more, without costing you a penny.**

Boost your donation by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

*giftaid it*

I would like The Dame Hannah Rogers Charity to treat this donation and any donations I make in the future and have made in the past 4 years as Gift Aid donations, until I notify you otherwise. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

**Hannahs would like to keep in touch with you about future news, events and fundraising activities.**

**I am happy for Hannahs to contact me via:**  Email  Post  Phone

Hannahs respects your privacy. The data you provide is held and managed in accordance with the Data Protection Act (1998). Hannahs will not disclose or share any personal information supplied by you with any third party organisation.

\* Fields marked with an asterisk must be completed

“

Why stop  
dreaming  
when you  
wake up?

”

## Get in touch

If you would like further information about any of the topics covered in HannahTime, the fundraising team would love to talk with you.

01626 325800 | [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)

Fundraising Team, Seale-Hayne, Howton Lane, Newton Abbot, TQ12 6NQ

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[www.discoverhannahs.org](http://www.discoverhannahs.org)

01626 325 800 | [✉ enquiries@discoverhannahs.org](mailto:enquiries@discoverhannahs.org)

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*imagination, innovation, inspiration*

Dame Hannah Roger's School, registered charity no. 306948. Dame Hannah Rogers Trust, a limited company registered in England and Wales with number 5512987, and registered as a charity with number 1148882, and whose registered office address is at Woodland Road, Ivybridge, Devon PL21 9HQ is the sole trustee of Dame Hannah Roger's School.

**hannahs**  
dame hannah rogers charity