

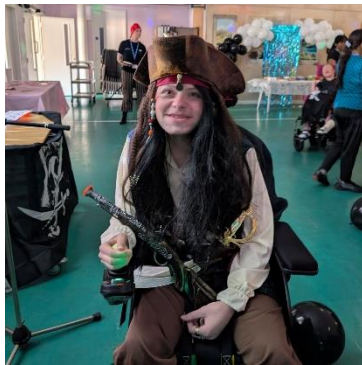
## August E-Newsletter

### Welcome

During the last month our fundraising team has been particularly busy at events raising both funds and awareness. It has been a busy month with lots of celebrations as well as a variety of summer outings and activities. We have welcomed new staff and others have taken on new challenges.

### Birthday Celebrations

There have been a lot of birthdays over the last few weeks with fun themed parties - pirates for Aston, ABBA for Hannah and princesses for Millie. Everyone loves a good excuse to get together and party and it is lovely to see the families joining in.



### Welcome Joanne

Joanne has recently joined us as Deputy Manager of Transitions. She is responsible for managing the teams in the bungalows and liaising between management and care staff as well as care planning and compliance.

Joanne was brought up in South Africa and moved to England in 2005. She studied sports therapy for two years before deciding to join the Navy where she worked for seven years at HMS Culdrose and HMS Drake. After leaving the Navy she worked in domiciliary care until joining Dame Hannahs.

"Everyone has been really kind and helpful since I started. It is lovely to see our adults being given so many opportunities, socialising and making plans. I have already seen some lovely bonds between the residents and staff. I am making sure that I get out and about in the bungalows and meeting people. I am gradually getting to know everyone and all the different characters."



## Quiz Night

Our summer Quiz Night proved to be a big success and raised a wonderful £400. It was lovely to see some quizzers from the local Ivybridge community. The evening was great fun and was hosted by Debbie who was an excellent quiz master. Everyone enjoyed a delicious meal and a raffle in the interval. Congratulations to the winning team!



## Community Festival Funday

We are organising a Community Festival Funday for the local community at our site in Ivybridge. We are keen to invite residents from Ivybridge and the surrounding area to come and enjoy a day of fun activities. There will be lots of entertainment and refreshments. Visitors will also be able to meet our residents and staff and find out more about what we all get up to at Dame Hannahs.



## Yealmpton Show

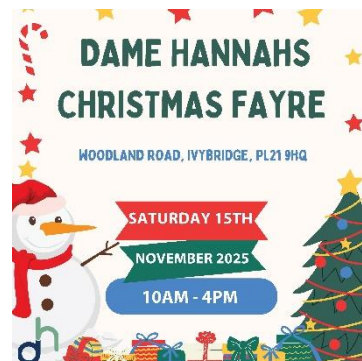
Our cake stand at the Yealmpton Show proved as popular as ever and we raised a fantastic £843.50. It was lovely to meet so many visitors and chat about Dame Hannahs as well as catching up with old friends. Special thanks to our lovely volunteers for all their help, particularly Mary West for baking so many amazing cakes and Christine Carder for all her beautiful handmade Hearts for Hannahs gifts.





## Forthcoming Events

We have a busy programme of fundraising events coming up over the next few months. As well as our monthly Bingo Nights, there is our next Quiz Night as well as our annual Autumn Lunch and Christmas Fayre.



## Billacombe Visit

A group of our young adults had a great day out at Billacombe recently. They had a lovely time meeting new people, playing Bingo and then listening to live music and having a boogie! The Billacombe team made them feel very welcome and another group of our adults is looking forward to going there next month.



## Kingsbridge Show

We will be running our very popular Refreshments stand at the Kingsbridge Show again this year. Come and see us on Saturday 6th September at Borough Farm, East Allington Devon TQ9 7QP. There will be lots of delicious savoury dishes and cakes all day!

## Yoga and Dance

Everyone really enjoyed the last Yoga and Dance session before the summer break. There was some great stretching! Thank you to Winnie from Far Flung Dance Theatre who comes in every week. Our adults really enjoy and benefit from the sessions.



## Walkers

The sunny weather has enabled some of our adults to use Mey Walkers around our grounds. Hannah and Dan did brilliantly with their walking recently. The physiotherapy team encourage this activity as walking promotes independence and confidence, engagement and participation; activates and strengthens core and leg muscles; helps in prevention of muscle deterioration and maintaining respiratory and circulatory system.



## Bingo Fun

We were delighted to see so many people at our latest Bingo Night which raised an amazing £739.50. There were new faces as well as our regulars and everyone had a great time. Our next Bingo Night is on Friday 12th September.







### Alex takes on Fight Night

Alex is one of our support workers and has decided to take part in the Fight Night being organised by the Tugboats and Dolphins CIC in aid of Dame Hannahs. He will be taking part in a 10 week training programme leading up to the Fight Night on October 25<sup>th</sup>.

“I heard about the Fight Night from Edy who is a nurse here at Dame Hannahs and is involved in Tugboats and Dolphins. I decided to take part as I wanted a new challenge and I wanted to do something to raise funds for the guys who I work with every day”.

All funds raised at this event are going towards the refurbishment of our sensory room. If you would like to support this fundraising campaign please click on the button below.

### Rattery Show

Thank you to the organisers of the Rattery Show for choosing Dame Hannahs as one of their charities this year alongside the RDA. The fundraising team had a lovely day out chatting to the local community and raising awareness.



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact [supportus@discoverhannahs.org](mailto:supportus@discoverhannahs.org)



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